

WWK NATION NEWSLETTER

May 8, 2019

- Emergency Planning
- Request for Artist Quote
- Employment Opportunity: Elder in Residence
- New Patient Health Care Navigator Hours
- Meet with the Treaty Team
- Youth Calendar
- Fit Nation
- Annual Sports Day—Tomorrow
- Tutoring Opportunities
- Bottle/Can Fundraiser
- On Going Bottle Drive
- Traditional Teaching Day
- Join Us to Learn Liqwala—KwaKwala Hymns
- Membership Information



Emergency Planning

The Quinsam Administration is looking for a people who would be interested in being a part of an emergency planning committee and would be willing to travel to participate in emergency planning training.

If you are interested please contact Merci Brown at the Quinsam Administration office (250)-914-1890 or email merci.brown@wewaikai.com

Thank you

BC Hydro - Interior Decorative Piece Request for Artist Quote

Cape Mudge Band Member Artist requested to provide quote for an interior Decorative Piece at BC Hydro, John Hart Generating station.

Requirements for Decorative Piece:

- Design to be submitted by We Wai Kai Nation to BC Hydro
- Design to be reviewed and final approval to be provided in writing by BC Hydro prior to initiation of work
- Decorative Piece will be mounted on an angled white wall measuring 32 feet wide x 15 feet high, Piece could be 8 feet by 8 feet, at Artist's discretion (photograph of area of installation available upon request)
- Must be resistant to dampness
- **Metal may possibly be an approved material, BC Hydro approval required**
- Decorative Piece to be completed off site
- Decorative Piece will be installed by BC Hydro
- Final completion required prior to installation deadline of July 10, 2019
- A written description of the Decorative Piece and of Artist's background to be provided on a plaque as appropriate to be affixed on or near Decorative Piece

Expression of interest must be received in writing prior to 4pm on May 10, 2019 at brianassu@gmail.com. Any expression of interest received after May 10, 2019 will not receive consideration.

Please contact Chief Brian Assu directly at (250) 287-5938 or via email at brianassu@gmail.com if you are interested or require further information.

Kwakwaka'wakw Elder-in-Residence Employment Opportunity Campbell River and Comox Campuses Posted April 26, 2019, closing date: May 24, 2019



First Nations Health Authority
Health through wellness

Island Health and the First Nations Health Authority (FNHA) are working together to improve the quality, accessibility, and cultural appropriateness of health care programs and services for First Nations peoples in the region. This partnership commits empowering employees, physicians and volunteers to develop cultural humility and fosters principles of cultural safety to imbed First Nations values and principles within our health care system and proposes a Kwakwaka'wakw Elder-in-Residence Program.

The Kwakwaka'wakw Elder-in-Residence's Role:

The partners have developed the Kwakwaka'wakw Elder-in-Residence program to ensure that Kwakwaka'wakw traditional knowledge and spiritual cultural practices are being respectfully honored to support patients and families who require clinical care at the North Island Hospital campuses (Comox and Campbell River).

We seek two well respected Kwakwaka'wakw Elders to work part-time to promote traditional cultural teachings and improved experiences for all First Nations people accessing clinical care. The Kwakwaka'wakw Elder will use their knowledge and wisdom to:

- Support, guide, mentor and provide encouragement;
- Share traditional ways of knowing /teaching with children, youth, adults and families accessing clinical services;
- Be a calm and reassuring presence for children, youth, adults, families and hospital staff;
- Liaise between families and hospital staff to strengthen relationships;
- Nurture understanding of First Nations needs with clinical service providers;
- Identify cultural services that the person or family needs while seeking clinical service treatment in the hospital and also after being discharged and coordinates with Aboriginal Liaison Nurse (ALN), Island Health and First Nation Health care team the referrals;
- Share personal knowledge of the history and culture of Kwakwaka'wakw people;
- Documents and provides reports to the hospital staff and physicians about their work with individuals receiving receiving clinical services; and
- Provide spiritual support, leadership and guidance
- Participate during clinical service meetings to share their knowledge on traditional teachings of the Kwakwaka'wakw communities.

If you are an Kwakwaka'wakw Elder interested in joining the North Island Hospital campuses team (Comox and Campbell River), and would like to learn about more this exciting opportunity or apply please contact: alexander.jules@viha.ca or 250-203-7965 or Eunice Joe, FNHA Regional Director, email: eunice.joe@fnha.ca (First Nations Health Authority), phone: (778) 421-5577.

Start Date: to be confirmed

NEW PATIENT HEALTH CARE NAVIGATOR HOURS

WHEN AND WHERE:

Monday:	K'OMOKS OFFICE	9:30—11:30am
Tuesday:	CAMPBELL RIVER OFFICE	9:30—11:30am
Wednesday:	CAMPBELL RIVER OFFICE	9:30—11:30am
Thursday:	CAMPBELL RIVER OFFICE	9:30—11:30am
Friday:	QUINSAM OFFICE	9:30—11:30am

After Hours Service:

Tanille Johnston has returned to work from Maternity Leave.

Do you need support but work 8:30—4:30? Have you found yourself at the hospital in the evening or weekends trying to navigate your health and needing help or an advocate?

The Patient Health Care Navigator is now available after hours on a trial basis. KDC Health is supporting this initiative in order to find out if we need to look at offering more support to our membership outside of regular working hours.

After hours please call Tanille Johnston @ 250-202-4219 and she will do her best to ensure that you're able to access the support you need.

Meet with the Treaty Team



An informal meeting with the treaty team to get updates, have your questions answered and to have a conversation.

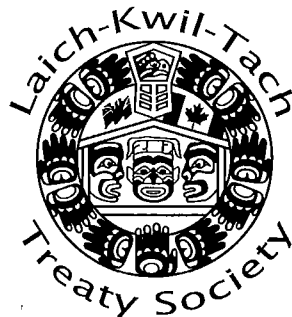
May 22, 2019

6:00 PM

Quinsam Hall Boardroom

Light Refreshments will be available.

Hope to see you there!



May 2019

We Wai Kai Youth Calendar

Youth Development Worker

Michelle.davis@wewaikai.com

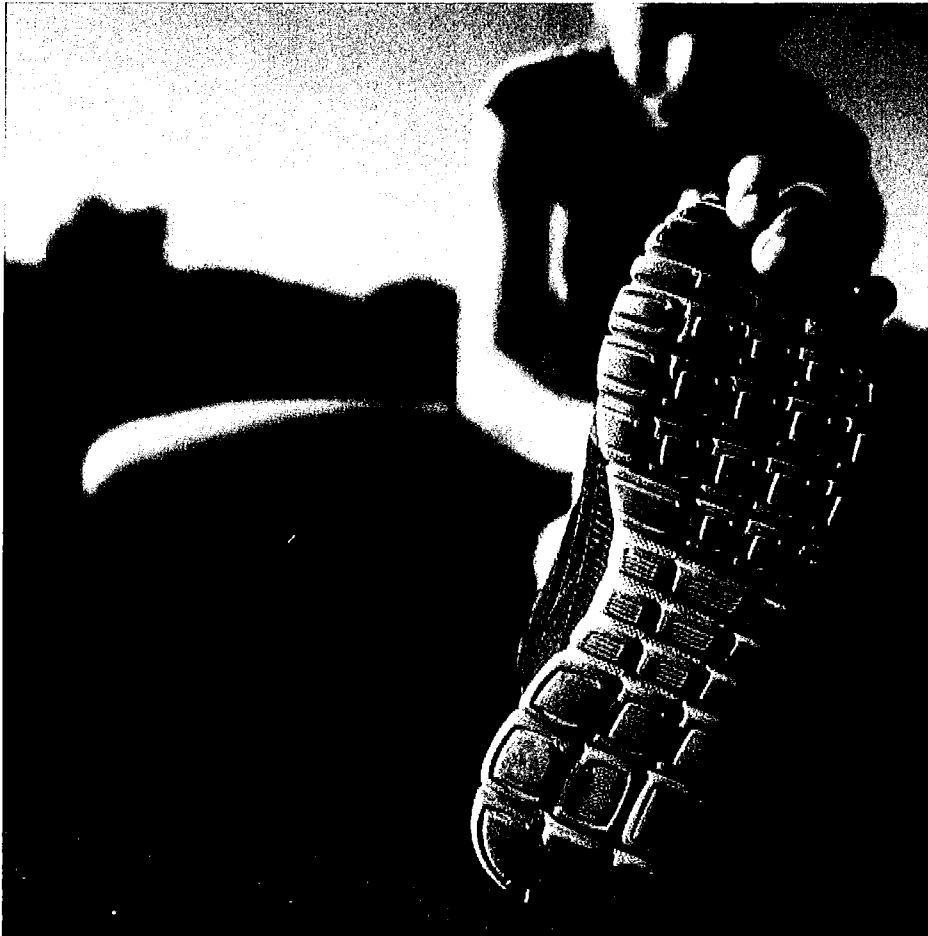
Check out our FB Page

We Wai Kai Youth

Call 250-203-6297



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Quinsam 230-5pm Garden Activities	2 Cape 230-430 Garden Activities	3 Health & Sci Youth Job Fair 10-3pm Quinsam Hall	4 Youth Pal Course 9-5
5 Youth Pal Course 9-5pm	6 Quinsam 230-5pm Gym Activities	7 Cape 230-430 Beach Combing Fit Nation 445-530	8 Quinsam 230-5pm Free Play Activities	9 Cape 230-430 Sea Shell Mosaic Craft Fit Nation 445-530	10 AWAY	11
12	13 Quinsam 230-5pm Making Homemade Soaps	14 Cape 230-430 Making Homemade soaps Fit Nation 445-530	15 Quinsam 230- 5pm Neighborhood Bike Ride OR Scooter	16 Cape 230-430 Neighborhood Bike Ride Fit Nation 445-530	17 office	18
19	20 Victoria Day Holiday No Youth Group	21 Cape 230-430 Garden & Park	22 Quinsam 230-5pm Garden & Park	23 Cape 230-430 Cooking	24 office	25
26	27 Quinsam 230-5pm Holly Hills Field Trip Registration Required	28 Cape 230-430 Band Office Fit Nation 445-530	29 Quinsam 230-5pm Cooking Class	30 Cape 230-430 Band Office Fit Nation 445-530	31 Office	



**DROP IN EVERY
TUES & THURS
445PM-530PM**

MAY 7TH - JUNE 27TH

CAPE MUDGE GYM

**EVERYONE
WELCOME**

**ALL FITNESS LEVELS
ALL AGES**

**ITS ALL ABOUT
MOVEMENT &
HAVING FUN DOING
IT**

**FOR MORE INFO
CONTACT: MICHELLE
DAVIS 250-203-6297**

WELCOME TO

 ***FitNation***

Come Join me, Michelle Davis the Youth Development Worker

And give Fit Nation a Try. I have been a fitness instructor with BCRPA for 15 years. I recently had the opportunity to become a Fit Nation Instructor and I'm excited to offer a **Drop In** Fit Nation Class to **ALL** community Members in Cape Mudge Starting May 7th

Fitnation is all about

Anyone, Anytime, Anywhere

Cape Mudge Band HeadStart/ Child Care Programs Annual Sports Day



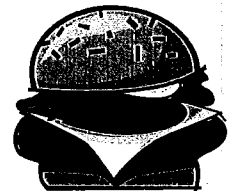
Everyone Welcome

11:00 am - 2:00 pm

Quinsam Hall

Thursday May 9th, 2019

Lunch provided at 12:00



Snacks

Draws

Hamburgers
Hot Dogs

Races

Crafts

Toonie Auction

Come out and Support the Kids.

Hope to see you there.

Child Care Grand Opening as been postponed until a future date

Tutoring Opportunities

Cape Mudge:

Darren LaRose:

Tutoring help available for students who could use some help. Darren Larose will help you with your homework or other areas of interest on Monday, Tuesday and Wednesday at the Cape Mudge Band office from 3:45-5:45 pm. He will provide delicious snacks when you come to tutoring. See you there

Mary-Ellen will be tutoring Math on Thursday's from 6:30 to 8:30 pm at the Cape Mudge Band Office. You don't need an appointment or call, just drop in any time. Bring your math homework or your questions about math. We can also talk about web resources, online graphing technology or how to make your calculator work better for you. She can also help with physics & calculus. You can call her if you have any questions or if there is a time that works better for you. 250-285-2388

Quinsam:

Ray Wilson will be tutoring at the Quinsam Learning Centre on the following days; Ray's Tutoring Schedule for the rest of the year.
3:30pm -5:30pm, April 17th & 24th May 1st, 7th, 15th, 22nd & 29th
June 5th & 12th

Emma & Michelle will be tutoring at the Quinsam Learning Centre on Monday's & Thursdays from 7:00 pm to 9:00 pm. Feel free to drop by!

**BOTTLE/CAN FUNDRAISER
FOR ABBY ROLLAND'S ECOLE PHOENIX
SCHOOL TRIP TO QUEBEC**

MAY 6 - 13, 2019

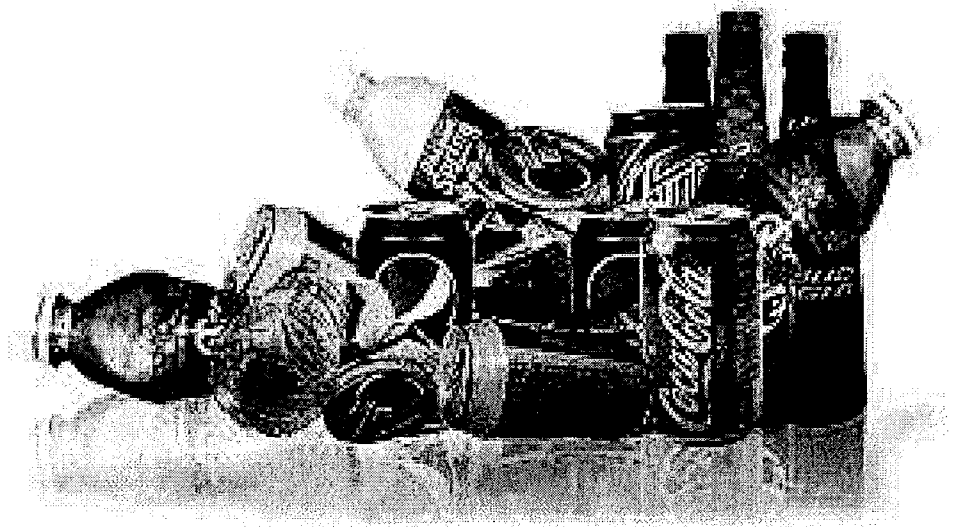
IF YOU HAVE ANY BOTTLES/CANS TO DONATE

WE WOULD LOVE TO PICK THEM UP

PLEASE CALL TRACEY 250-286-0907

(LEAVE A MESSAGE)

THANK YOU FOR YOUR SUPPORT



On Going Bottle Drive



Jayden will be playing baseball on the North Island Cubs team again this year. We are collecting bottles & cans to help with the registration fees as well as travel. If you'd like to donate your bottles & cans please give us a call and we can stop by to pick them up. We appreciate your help! Thank you!

Anthony, Gail & Jayden Smith

250-285-2649

**Join us on May 24, 2019 from 10:00am – 2:00pm
at Kwanwatsi Gukwdzi**

For a Traditional Teachings Day

10:00-10:15am Blessing/Protocol Teaching

10:15-10:30 Fun Dances

10:30am -12:00pm Lahal, Teachings: Cedar Weaving, drum demo workshop, arts & crafts, medicinals, soap berry making, story telling

Light Lunch 12:00pm – 1:00pm

Everyone is Welcome!

**Please RSVP email: school/#'s
danaroberts@shawcable.com**

**Sponsored by Aboriginal Early Learning Table in
partnership with Laichwiltach Family Life Society**

7:00am we will have a River Cleanse

(Meet at the Spit Park by Jiggers)



Aboriginal Early Learning Table





Join us to learn Likwala – Kwakwala Hymns

6:00-7:30pm

Where: KDC Youth and Elders Room

1400 Drake Road Campbell River

When: Wednesday Nights

March 6, 20

April 3-17

May 1, 15, 29

Everyone Welcome



Membership Information



I WILL BE ISSUING STATUS CARDS ON THE
FOLLOWING DAYS:

Cape Mudge Office

Tuesday June 4, 2019
1:00pm – 4:00 pm

Quinsam Administration Office

Friday May 10, 2019
8:30 am – 12:00 pm
1:00 pm – 3:30 pm

SCIS Cards: I have applications for the new SCIS Card and I can also help you fill them out if you wish! The new status card is more secure and it lasts for 10 years. You need a birth certificate and name changing documents if your name has been changed for any reason!

We Wai Kai Nation Members - \$5.00
Other Nations \$20.00

If you have any questions please contact me at
250-914-1890 ext. 107 or by email: membership@wewaikai.com

Gail Smith
Membership Clerk, IRA