

# **CMB NEWSLETTER**



- **Job Posting - Partnership Coordinator**
- **Job Posting - Client Service Officer**
- **Job Posting - Youth Worker**
- **Wood Cutting on Reserve & Woodlots**
- **2012 Commercial Clam Harvesting Licenses**
  - **Reminder to Elk Tag Holders**
    - **Elders Elk Meat**
    - **Quinsam Recycling Dates**
  - **Math Tutoring at Cape Mudge**
- **Social Assistance Cheque Issue Dates**
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  - **Keys Found at Quinsam**
  - **Youth Schedule**

**January 4, 2012**



**NORTH VANCOUVER ISLAND ABORIGINAL TRAINING SOCIETY**  
103-2005 Eagle Drive, CAMPBELL RIVER, B.C. V9W 1V8  
Telephone (250) 286-3455 Fax (250) 286-3487

### **Employment Opportunity Partnership Coordinator**

The North Vancouver Island Aboriginal Training Society is a First Nations training organization located in Campbell River and Alert Bay, BC. The NVIATS provides services to all First Nations people and 15 First Nations in the central/northern Vancouver Island area.

The North Vancouver Island Aboriginal Training Society has an opening for a Partnership Coordinator in our Campbell River Office. This is a full time term position.

The duties include the following:

- Prepare a comprehensive listing of area private employers and regularly maintain data;
- Prepare a comprehensive listing of area public sector employers and regularly maintain data;
- Approach key private and public sector employers to research best methods to achieve a sound understanding of the employers' current and future labour market needs;
- Ascertain community interests and needs; present labour market research and promote partnership opportunities by facilitating contact between the community and potential employer;
- Facilitate discussion on the employment training project and the role of NVIATS.
- Assist with proposals for funding to implement the employment/employment training partnership project;
- Develop evaluation plans for assessment and improvement of the process; carry out the evaluation process involving all parties.
- Develop an overall marketing strategy of the Partnership Coordinator initiative, including promotion of support by area private employers and all levels of government;

Education and/or experience:

- Post-secondary degree in business or administration, or related experience with employment training programs or community development initiatives (with First Nation communities is an asset).

Interested individuals should submit a resume with covering letter to the following address:

The Manager  
North Vancouver Island Aboriginal Training Society  
103-2005 Eagle Drive  
Campbell River, BC  
V9H 1V8  
Email: [ssims@shawcable.com](mailto:ssims@shawcable.com)

Closing date of this competition is Thursday, January 26, 2012 at 4:00 P.M.  
Please note only successful candidates chosen for interviews will be contacted.



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103-2005 Eagle Drive, CAMPBELL RIVER, B.C. V9W 1V8  
Telephone (250) 286-3455 Fax (250) 286-3487

### **Employment Opportunity Client Services Officer**

The North Vancouver Island Aboriginal Training Society is a First Nations training organization located in Campbell River and Alert Bay, BC. The NVIATS provides services to all First Nations people and 15 First Nations in the central/northern Vancouver Island area.

The North Vancouver Island Aboriginal Training Society has an opening for a Client Services Officer in our Campbell River Office. This is a full time term position.

The duties include the following:

- Interview clients to obtain employment history, educational background and career goals
- Identify barriers to employment and assist clients with such matters as job readiness skills, job search strategies, writing résumés and preparing for job interviews
- Advise employers on human resource and other employment-related issues
- Administer and interpret tests designed to determine the interests, aptitudes and abilities of clients
- Assess need for assistance such as rehabilitation, financial aid or further vocational training and refer clients to the appropriate services
- Provide established workers with information on maintaining a job or moving within an organization, dealing with job dissatisfaction or making a mid-career change
- Collect labour market information for clients regarding job openings, entry and skill requirements and other occupational information
- Provide consulting services to community groups and agencies, business and industry, and to other organizations involved in providing community-based career planning resources.

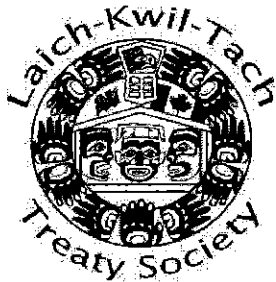
The applicant will ideally have a bachelor's degree or college diploma in a related field, such as psychology, social services or education, or 3 years of relevant work experience in this field and some knowledge of the local First Nations.

Interested individuals should submit a resume with covering letter to the following address:

The Manager  
North Vancouver Island Aboriginal Training Society  
103-2005 Eagle Drive  
Campbell River, BC  
V9H 1V8

Email: [ssims@shawcable.com](mailto:ssims@shawcable.com)

Closing date of this competition is Thursday, January 26, 2012 at 4:00 P.M.  
Please note only successful candidates chosen for interviews will be contacted.



**Laich-Kwil-Tach Treaty Society**  
1441 Old Island Highway  
Campbell River, B.C.  
V9W 2E4  
Tel: (250) 287-9460  
FAX: (250) 287-9469  
Toll free: 1-888-900-5720  
e-mail: [nhenderson@lkts.ca](mailto:nhenderson@lkts.ca)

December 7, 2011

### **JOB POSTING - Youth Worker**

The Laich-Kwil-Tach Treaty Society Office, a treaty administration organization, is currently accepting applications for a part-time youth work. Hours of work will vary and worker will be required to work evenings, occasional weekend days and occasionally 5 – 7 continuous days, depending on activities and projects planned for the youth.

#### **Duties:**

- Administering youth and activities;
- Assessing the needs of the youth in relation to treaty;
- Planning, developing, delivering and implementing programs involving youth in treaty;
- Organizing treaty related activities for youth for each member nation including field trips, social programs i.e. youth/elder get-togethers, and information gatherings for youth in each community and as a group;

#### **Qualifications:**

- Two years experience working with youth;
- Experience in proposal writing and applying for non-profit organization funding;
- Demonstrated ability to network;
- Effective time management and organizational skills;
- Excellent written and oral communication skills;
- Proficient with MS Office (Word, Excel, Outlook), use of internet and databases;
- Ability to work as part of a team and with minimal direction.

#### **Additional Notes:**

- Valid Class 5 BC drivers' license and good driving history;
- Will require completion of a Criminal Records check.

Exposure to BC and federal treaty negotiation processes is an asset, as is experience with First Nations issues, political structure and governance. Experience with Member Nations' history and culture is a definite asset (priority will be given to Member Nation applicants.)

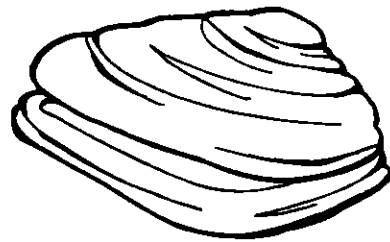
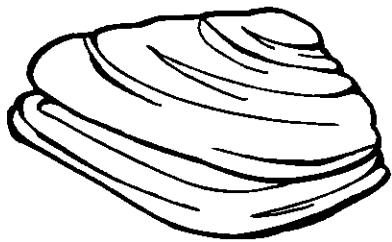
To apply please mail, fax or email to: Laich-Kwil-Tach Treaty Society, 1441 Old Island Highway, Campbell River, B.C. V9W 2E4, Fax: (250) 287-9469, e-mail: [nhenderson@lkts.ca](mailto:nhenderson@lkts.ca). No phone calls please. Closing date for accepting applications is **January 6, 2012 at 4:00 p.m.** We thank all those who apply. Only those selected for an interview will be contacted.

## **Wood Cutting on Reserve & Woodlots**

A permit is required to cut firewood on We Wai Kai Nation Lands & woodlots.

Permits & maps are available at the Cape Mudge Band Office.

The Band Office  
Is now accepting applications  
for  
2012 Commercial Clam  
Harvesting Licences



*Please submit your name Gail at  
the Cape Mudge Band Office  
285-3316*

# REMINDER

## ATTENTION ELK PERMIT HOLDERS:

ALL ISSUED ELK PERMITS/HUNTING  
AUTHORIZATIONS MUST  
BE RETURNED TO THE CAPE MUDGE BAND OFFICE.

IF YOU DO NOT RETURN THIS  
PERMIT/AUTHORIZATION,  
YOU WILL BE DISQUALIFIED FROM ENTERING  
FUTURE DRAWS FOR *FIVE YEARS*, NOT INCLUDING  
THE DISQUALIFICATION FROM NEXT YEAR'S DRAW.

IF YOU HAVE ANY QUESTIONS PLEASE CALL THE  
BAND OFFICE  
285-3316

*THANK YOU*

ATTENTION: ELDERS  
RE: ELK MEAT

IF YOU ARE 60 AND OVER AND  
WOULD LIKE SOME ELK MEAT  
PLEASE CALL AND LEAVE YOUR  
NAME WITH GAIL AT THE CAPE  
MUDGE BAND OFFICE  
250-285-3316!

AT THIS TIME WE ARE NOT ABLE  
TO GIVE A TIME OR DATE AS TO  
WHEN THE ELDERS MEAT WILL  
BE AVAILABLE FOR  
DISTRIBUTION!

Attention Quinsam  
Residents – Recycling  
pickup is on December  
19<sup>th</sup>, January 2, 16, and  
30. It will continue  
every second Monday.

# NEED HELP WITH MATH?

Math tutoring is happening again at the Cape Mudge Band Office.

I can help you with your math, physics or calculus homework, show you how to use your graphing calculator, and take the time to explain math concepts in a way that makes sense to you.

I will be at the Band Office every Wednesday evening from 6:15 to 8:15 and you can drop in for as long or as short as you want. Call me (Mary-Ellen) if you have any questions at 250-285-2899.

See you there!

## Social Assistance Cheque Issue dates

### 2012 Schedule

<b>For the month of</b>	<b>Cheque issue day</b>
January 2012	<b>December 21, 2011</b>
February 2012	<b>January 25, 2012</b>
March 2012	<b>February 22, 2012</b>
April 2012	<b>March 21, 2012</b>
May 2012	<b>April 25, 2012</b>
June 2012	<b>May 23, 2012</b>
July 2012	<b>June 27, 2012</b>
August 2012	<b>July 25, 2012</b>
September 2012	<b>August 29, 2012</b>
October 2012	<b>September 26, 2012</b>
November 2012	<b>October 24, 2012</b>
December 2012	<b>November 21, 2012</b>
January 2013	<b>December 19, 2012</b>



# Membership Days



Cape Mudge Office

January 13, 2012  
8:00 am – 12:00 pm

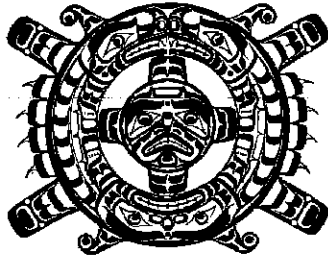
Quinsam Administration Office

Friday January 6, 2012  
8:45 am – 3:45 pm

**Two pieces of current ID are required to get a new status card. One of the two has to be a picture ID that hasn't been expired for more than 6 months. The secondary piece can be a care card, birth certificate, marriage or divorce certificate or a firearms license. If you don't meet the ID requirements I will not be able to issue you a new card. These requirements are made by Indian & Northern Affairs Canada.**

**Status cards: \$5 for Cape Mudge Band members  
\$10 for non-band members.**

*Gail Smith,  
Membership Clerk, IRA*



**KDC HEALTH CENTRE  
CAPE MUDGE VILLAGE SITE  
BOX 220 QUATHIASKI COVE, BC  
VOP1N0  
Phone (250) 285-3316  
Fax (250) 285-2400**

**Programs during the month of January:**

*Family Meal Group* every Tuesday starting Jan 10th  
New Time: 11:30-1:00 cooking together time.

Tuesday afternoon the focus is on *Yoga* with instructor Megan Foss. A tool to building bone mass and rediscovering flexibility in your body. Starts at 4:00 at the Band Office Jan 10th

Wednesday night *Boot Camp* continues with Terol Bertonelli tonight at 6 pm. At the Hall. This is an intense workout meant to get the cardiovascular system going.

Thursdays from 1:30- 3:30 I will be offering dental *fluoride varnishing* services to children ages 0-7.

Additional Health Services include:

- Blood sugar testing
- Weigh measuring
- Blood pressure monitoring
- Paraffin hand wax

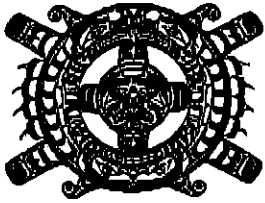
9:00-3:00 Mon-Wednesday

Infrared Sauna            Open 8:00-3:00 Daily

Gym room                    Open 8:00 -3:00 Daily

Thank you

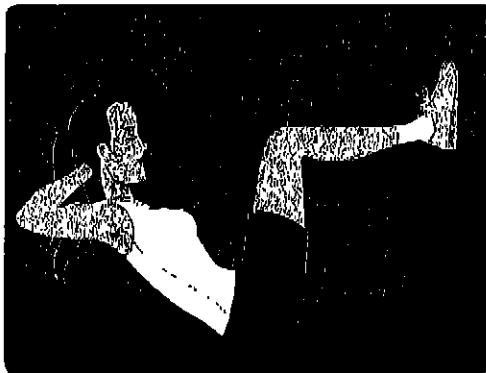
Patty Wilson, CHR



KWAKIUTL DISTRICT COUNCIL  
QUINSAM HEALTH OFFICE  
200-2005 Eagle Drive  
CAMPBELL RIVER, B.C. V9H 1P9  
Phone (250) 286-8064  
Fax (250) 286-8071

# Circuit Training

*With Sally Feast  
At the Quinsam Hall*



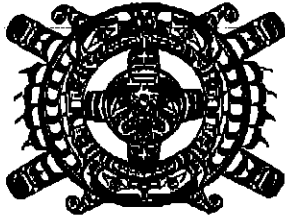
**Tuesdays @ 5:30pm**  
**Starting January 12, 2012**

*Sally Feast is a certified Personal Trainer and will be providing a fun  
and challenging exercise program for those looking for an intense  
workout.*

If you have any questions or would like more information, please call Terena at 286-8064



**\* THIS PROGRAM IS FUNDED in partnership BY THE KDC HEALTH and Cape Mudge Band \***



**KWAKIUTL DISTRICT COUNCIL  
QUINSAM HEALTH OFFICE  
200-2005 Eagle Drive  
CAMPBELL RIVER, B.C. V9H 1P9  
Phone (250) 286-8064  
Fax (250) 286-8071**

# BELLYFIT!

Bellyfit is a fun and fresh, combination of moves inspired by Bellydance, African dance and Bollywood plus an intelligent infusion of yoga, pilates and meditation.



This New Class instructed by Sally Feast is designed for Woman and starts on:

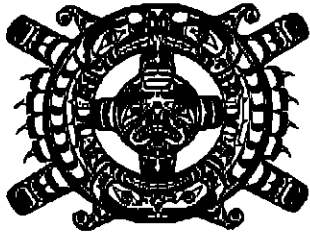


**Thursdays @ 5:30pm at the Quinsam Hall**

**\*Starting on January 12, 2012\***

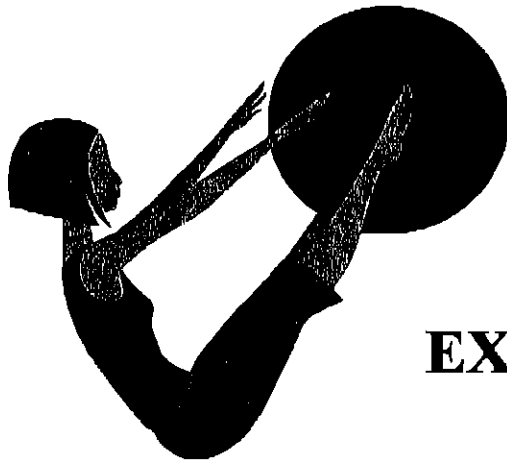
**Please bring your exercise mat if you have one**

\* THIS PROGRAM IS FUNDED in partnership BY THE KDC Health and Cape Mudge Band \*



**KWAKIUTL DISTRICT COUNCIL  
QUINSAM HEALTH OFFICE  
200-2005 Eagle Drive  
CAMPBELL RIVER, B.C. V9H 1P9  
Phone (250) 286-8064  
Fax (250) 286-8071**

# Get Fit At Quinsam



## REMINDER OF EXERCISE GROUPS

### TUESDAYS:

**Circuit Training with Sally Feast 5:30pm**

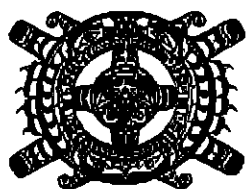
### THURSDAYS:

**Bellyfit with Sally Feast 5:30pm**

For more information, please call Terena 286-8064



\* THESE PROGRAMS ARE FUNDED in partnership BY THE KDC HEALTH and Cape Mudge Band \*



KWAKIUTL DISTRICT COUNCIL  
QUINSAM HEALTH OFFICE  
200-2005 EAGLE DRIVE  
CAMPBELL RIVER, B.C. V9H 1P9  
Phone (250) 286-8064  
Fax (250) 286-8071

# Massage



*Roberta Engle will be at the Quinsam Health Office*

*Tuesday January 10<sup>th</sup>*

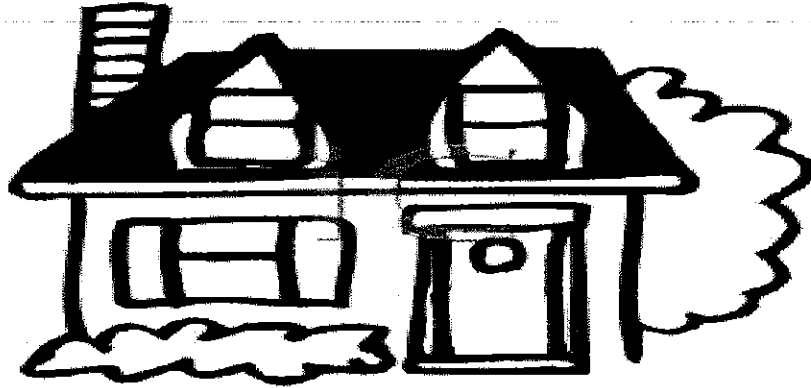
*And*

*Wednesday January 11<sup>th</sup>, 2012*

*Call Terena to book your appointment: 286-8064*

Please Note: Roberta charges a \$7.00 fee for single bookings and \$32.00 for a double booking.

# HOUSES FOR SALE!!



## HOUSE FOR SALE

3 bedrooms upstairs  
1 bedroom downstairs  
3.5 bathrooms—2900 sq ft  
laminate floors throughout  
5 appliances upstairs  
and 4 down—garburator.

Downstairs has 1 bedroom  
self contained rental and  
could be a mortgage helper  
that rents for \$650.

24x12 wired/insulated shop  
fully fenced  
heat pump/central air  
central vacuum  
400 sq ft deck off kitchen  
and master bedroom

\$199,000 firm

contact Tonja @ 250-718-9742

## HOUSE FOR SALE

#17 WeWay Flats (Cape Mudge)

2 storey home  
approx. 3000 sq ft  
3 bedrooms upstairs  
2 rooms in basement  
woodstove & electric heat  
2.5 baths  
laminated all upstairs  
900 sq ft separate garage  
large yard  
new cedar latic fencing

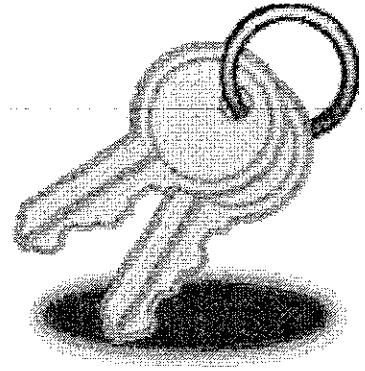
asking price \$120,000  
-some appliances included

call Merci @ 250-285-2175  
or 250-203-4104

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Home For Sale  
Cape Mudge Village  
House #7  
\$95,000

Contact Glen Dick at  
250-285-3284 for more information!



## Keys Found at Quinsam

Keys were found on the road near the hall at Quinsam. Keys for a Jeep vehicle and a key chain from Elders Conference. Please contact Cindy Inrig for more information at 250-286-0931.

***Youth Schedule***

***Thursday Jan 5<sup>th</sup> Quinsam Hall 630-830pm***

***Dodgeball Night***

***Snacks provided and rides home afterwards***

***Friday Jan 6<sup>th</sup> Family Fun Night***

***Cape Mudge Hall 5-8pm***

***Food provided and rides home afterwards***

***Phone if you have any questions.***

***Brody Naknakim***

***250-204-4472***